



THE POTTED LOBSTER

EST. 2021

DAIRY FREE

Nibbles

Oysters, Mignonette Sauce, Dill ... £4.00 each

Gordal Olives (vg) ... £6

Bread with Olive Oil & Balsamic Glaze ... £5

Starters

Octopus, Soy & Miso Glaze, Crispy Chilli Oil, Pak Choi, Spring Onion, Corriander ... £17

Pan Seared Scallops, Boudin Noir, Braised Fennel ... £16

Mussels in Spicy Tomato Sauce, Bread ... £14

Mains

Locally Caught Lobster, Baked with Olive Oil, Fries, Rocket Salad
Half ... Market Price, Full ... Market Price (Subject To Availability)

Whole Fish Of The Day, Brown Shrimp In Lemon Oil, Seasonal Greens ... Market Price

Grilled Black Bream, Tenderstem Broccoli, Harissa Dressing, Fondant Potato ... £28

Roast Monkfish On The Bone, Tenderstem Broccoli, Harissa Dressing, Fondant Potato ... £32

Seafood Linguine King Prawns, Crab, Mussels, Garlic, Chilli, White Wine, Lobster Bisque, Basil ... £26

Cauliflower Steak, Harissa Dressing, Crispy Chilli Oil, Pak Choi, Fondant Potato (vg) ... £19

Arrabbiata Linguine: Confit Tomatoes, Roasted Red Pepper, Garlic, Chilli,
White Wine, Basil, Spinach, Chive Oil (vg) ... £18 + Chicken ... £10

Sides

Tenderstem Broccoli in Harissa Dressing (v) £5 | Fries (vg) £5 | Chunky Chips (vg) £5 |
Honey & Mustard Glazed Baby Carrots (v) £5



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Desserts

Vegan Salted Caramel Brownie, Vegan Vanilla Ice Cream, Honeycomb (vg) ... £9.50

Affogato: Vanilla Ice Cream, Amaretto, Espresso ... £10

Sorbets/Ice Cream: Strawberry & Prosecco Sorbet | Cherry Sorbet | Vegan Vanilla

1 scoop ... £3.50

2 scoops ... £5.00

3 scoops ... £6.50

Childrens Menu

Half a Grilled Local Lobster Baked In Olive Oil, Fries & Salad ... Market Price

Pan-Fried Chicken Strips, Fries, Garden Peas ... £12

Welsh Pork Sausages, Mash, Tenderstem, Gravy ... £12

Linguine, Bolognese, Tomato Sauce ... £12

Childrens Desserts

Vegan Chocolate Brownie with Vegan Vanilla Ice Cream ... £8