



THE POTTED LOBSTER

EST. 2021

DAIRY FREE

Nibbles

Charcuterie For Two - cured meats, caper berries, olive oil, balsamic, sourdough ... £24

Gordal Olives (vg) ... £6

Anchovies ... £6

Oysters - Mignonette sauce, dill ... £4 each

Baked Bread Rolls (vg) – Olive oil and balsamic reduction ... £5

Starters

Pan Seared Scallops- Curried cauliflower puree, crispy masala chickpeas, pickled cauliflower ... £17

Octopus- Romesco sauce, chive oil ... £16

Beetroot Salad (Vg) Salt baked beetroot, pickled shallot, roasted walnut ... £10
(add grilled mackerel £6)

Mains

Locally Caught Lobster- baked in olive oil, fries, rocket salad ... Market Price

Cod Loin- Bombay Aloo, samphire, curried cauliflower & coconut sauce ... £30

10oz Welsh Rib Eye Steak ... £38 / 8oz Fillet Steak ... £46
Chunky chips, rocket salad, field mushroom, confit tomato

Hispi Cabbage (vg) - Romesco sauce, flaked almonds, crispy chickpeas, cavolo nero ... £18

Dessert

Pineapple Carpaccio- coconut sorbet, rum syrup (vg) ... £9

Coconut Sorbet/ Strawberry & Prosecco Sorbet
1 scoop £3.50/ 2 scoops £4.50/ 3 scoops £5.50

**FOOD ALLERGIES & INTOLERANCES:
BEFORE ORDERING, PLEASE SPEAK TO OUR STAFF ABOUT YOUR REQUIREMENTS**