



HIGH STREET, ABERSOCH
PWLLHELI, WALES, LL53 7DS

THE POTTED LOBSTER

EST. 2021

GLUTEN FREE

Nibbles / Sharers

Gordal Olives (gf,v)
£4.50

Anchovies (gf)
£4.50

Roquito Chilli Pepper Pearls
£4.50

Charcuterie To Share
Coppa ham, Napoli salami,
beef bresaola, gordal olives
£22

Menai Oysters
Sauvignon vinegar, shallot dressing (gf)
£4.00 each

Starters

Gambas a La Pasuela
shell on prawns,
nduja butter, crispy garlic
£17

The Potted Lobster
local lobster, brown shrimp,
Porthdinllaen crab, smoked salmon,
lemon & dill butter
£16

Burrata Bruschetta
heritage tomatoes, sourdough, basil oil,
toasted pine nuts (v)
£11

Torched Mackerel
beetroot, roquito peppers & olive,
feta, thyme oil
£11

Welsh Fillet Tataki
pickled shallot, wasabi puree, crispy garlic
£14.50

Salt & Pepper Calamari
tomato & chilli chutney
£12

Salad, Vegan & Vegetarian

Dressed Crab, Garden Salad
lobster truffle mayo, new potatoes
£26

Greek Salad
feta, roquito peppers, gordal olives,
thyme oil (v)
£16

Thai Yellow Curry
sweet potato falafel, pak choi, basmati rice,
toasted almonds (ve)
£18

Singapore Vermicelli Noodles & Stir Fry Veg
soya, garlic & chilli dressing (ve)
£16

Fish

Sesame Crusted Tuna Steak
vermicelli noodles, stir fry veg, soya,
garlic & chilli dressing
£30

Curried Monkfish
Thai yellow sauce, charred shell on prawns,
basmati rice, pak choi
£32

Cod Loin
chorizo crushed potatoes, monksbeard,
mussel sauce, fennel emulsion
£25

Moules & Frites
mussels cooked in white wine,
garlic & cream, fries
£22

Seafood Picnic for 2
local lobster, dressed crab, Menai oysters,
Gambas a la pasuela, sourdough,
lobster truffle mayo, fries
£90

Grilled Plaice
caper beurre noisette, sea herbs,
asparagus puree, crab croquette
£28

Porthdinllaen Lobster
grilled with garlic butter, fries, watercress, lobster
truffle mayo (500g weight)
Market Price

Meat

Dukkah Crusted Lamb
charred baby aubergine, black garlic puree, olive
panisse, feta, lamb jus
£36

10oz Welsh Celtic Pride Rib Eye £36

Corn Fed Chicken Supreme
wild garlic, sautéed potatoes,
gnocchi, asparagus,
crumbed perl las
£26

8oz Welsh Celtic Pride Sirloin £32

served with garlic butter, cherry vine tomatoes,
watercress, hand cut chips

Optional Extras:

Peppercorn Sauce £3 | Perl Las Cream Sauce £3 | Half a Lobster Market Price | 3 Shell On Prawns £10

Sides

Truffle & Parmesan Chips £5.50

Garden Salad £4.50

Fries £4.50

Tenderstem Broccoli £4.50

Hand Cut Chips £4.50

FOOD ALLERGIES & INTOLERANCES: BEFORE ORDERING, PLEASE SPEAK TO OUR STAFF ABOUT YOUR DIETARY REQUIREMENTS